

## **CHAPTER 33**

### **PRACTICAL EVERYDAY WISDOM FOR GIRLS**

#### **I. LET THE DESIRE FOR GOD'S KINGDOM BE YOUR CONSTANT MOTIVATION.**

- A. Matt. 6:33 = "Seek ye first the kingdom of God and His righteousness."
- B. How do you develop this desire?
  - 1. By thinking it through — Reward vs. Judgment.
  - 2. By the power of strong mental commands.

#### **II. CENTER YOUR LIFE AND AMBITIONS AROUND YOUR GOD-ORDAINED ROLE.**

- A. Keep in your consciousness the purpose for which you were created.
- B. Study this in your Bible.
- C. Be alert — on the lookout — for ideas that will enrich your understanding.
- D. Go through list — Profile of Mature Woman.
- E. "The deepest tenderness a woman can show to a man is to help him do his duty."

#### **III. LEARN TO BE SUBMISSIVE.**

- A. This is the one most powerful attribute of womanhood — one that will enhance your prestige as a woman more than any other.
- B. A submissive spirit is reflected in ATTITUDE — a state of mind.
- C. How to practice submission.
  - 1. To your boss.
  - 2. To professors.
  - 3. To dates.
  - 4. Men in general.
- D. Opposite of submission.
  - 1. Acting independent and superior.
  - 2. Belligerent and bossy — haughty.
  - 3. Picky and critical.
  - 4. Wanting to run the show and have the last word.
- E. One of the reasons marriages are going sour.
  - 1. New husband doesn't know how to cope with this kind of problem.
  - 2. Not the kind of girl he married.
- F. Read pamphlet — "Charm Is An Inner Thing." (7)

#### **IV. IN ORDER TO GROW, YOU MUST HAVE GOALS.**

- A. You need three types:
  - 1. Long range.
  - 2. Intermediate.
  - 3. Short term.
- B. Read from "Condensations"
  - 1. Technique of Getting Things Done (43-85)
  - 2. How to Get Control of Your Time (2)
- C. Some practical goals you might set.
  - 1. Lose weight.
  - 2. Clear up complexion.
  - 3. Improve your posture.

4. Improve your personality.
  5. Bring up your grades.
  6. Overcome undesirable habits.
  7. Embark on new ventures.
    - a. Make a new dress.
    - b. Learn to crochet or decoupage.
    - c. Read a book.
  8. A date with a special guy.
    - a. Find out his interests and become knowledgeable in those areas.
      - (1) History buff.
      - (2) Education major.
      - (3) Football — sports.
    - b. Make yourself appealing.
      - (1) Dress smartly.
      - (2) Hair tidy.
      - (3) Perfume — sweet and subtle.
      - (4) Smile — positive mental attitude.
- D. Take advantage of super opportunities.

#### **V. DISCIPLINE YOUR IMPULSES (URGES) AND GET TOUGH ON (WITH) YOURSELF.**

- A. Failure to set goals causes you to waste time.
- B. But once you set them — carry through to the end.
- C. Read from book — "TECH" (p. 113-126)

#### **VI. GET UNPLEASANT JOBS OUT OF THE WAY FIRST.**

- A. Read from "TECH" (p. 128-155)

#### **VII. LEARN HOW TO MAKE DECISIONS QUICKLY.**

- A. Read from "TECH" (p. 158-171)

#### **VIII. HAVE EXTRA WORK PLANNED FOR ODD MOMENTS.**

- A. Read from "TECH" (p. 232-300)

#### **IX. ASSOCIATE WITH SUCCESSFUL PEOPLE.**

- A. Proverb — *"Walk with wise men and you will be wise."*
- B. Read from "TECH" (p. 87-93)
- C. Observe successful people.
  1. Motivation comes from observation.
  2. Seeing how others work.

#### **X. HOW TO COPE WITH FRUSTRATION.**

##### **A. Causes**

1. Feelings of inferiority and inadequacy.
2. Failure to reach one's full ability or capacity.
3. Comparing one's self to others.
4. Pressures of homework and tests.
5. Escapism and resultant feeling of guilt and failure due to unwise use of time.
6. Lack of mental growth and development.
7. Seeming inability to control emotions.
8. Lack of dates.
9. Discouraged because of lack of experience, wisdom, and ability in coping with unfamiliar or unpleasant situations.

##### **B. Solutions**

1. Nail down specific causes.
2. Take action to improve.

**XI. A GRAND LESSON TO BE LEARNED — "LEARN HOW TO INTERACT WITH PEOPLE"**

- A. One of your biggest fears is people.
  - 1. Want to like you for what you are.
  - 2. Feel insecure with your personality.
- B. Yet God commands you to learn to love.
- C. People have egos — feelings — tender and sensitive spirits.
- D. Be careful not to bruise them.
- E. Prayer will help.
- F. God's Spirit acts like a smooth oil — takes the friction out.
- G. Act as though you are not afraid and you won't be afraid.

**XII. HOW TO GET MORE OUT OF YOUR CLASSES.**

- A. Be on the "look out" for thoughts, ideas, concepts that will help you reach your goals.
- B. Have a greater purpose than just acquiring dead knowledge and making good grades.
- C. Acquire knowledge to use.
- D. Review your notes just before and after each class.

**XIII. START ACQUIRING A "HOPE CHEST" OF IDEAS!**

- A. Girls used to build a hope chest of "things" — in preparation for marriage.
- B. I recommend you acquire a hope chest of ideas.
- C. Buy a permanent-bound notebook — call it "Hope Chest Scrapbook" or "Ideas for Marriage" or "Treasure Chest of Ideas."
- D. Be alert for ideas that will enable you to be an effective wife and mother.
- E. If your goals are clearly fixed, your mind will attract to itself all manner of ideas.
- F. Record these for permanent reference.
- G. As you review your notebook once a week, you will write the contents in your heart and mind.
- H. What a treasure to present your daughters when they grow up.

**XIV. COMMENTS FROM MOTHERS.**

- A. *Accept responsibility.*
  - 1. Making beds.
  - 2. Being neat and organized.
  - 3. Follow through — when someone is depending on you.
- B. *Don't depend on others to do things you should do for yourself.*
  - 1. Builds esteem and confidence.
  - 2. May have leaned on Mom too much.
  - 3. Go to others if you really need help.
- C. *Seek and ask for counsel from older woman.*
  - 1. Bible injunction.
  - 2. Don't be ashamed or feel inferior.
  - 3. They have good wisdom to share.
  - 4. Develop better rapport.
- D. *If you are old enough to think about marriage, start preparing now.*
  - 1. Don't just prepare for a career, if you have marriage in mind as a long range goal.
  - 2. Get all the counsel you can — quietly. Don't announce it to the man.
  - 3. Food, diet, child rearing, learn math, accounting, how to read a contract, etc.
- E. *If a girl is going to look for a certain job, she should educate herself for it.*
  - 1. Take classes.
  - 2. Give away free time for practice.
- F. *Don't rush into anything.*
  - 1. Watch your emotions.
  - 2. Get counsel.
  - 3. Pray for wisdom.
- G. *Learn how to work and do things right.*
  - 1. The best you can — put quality into work.
  - 2. Develop the habit of working with a pleasant attitude.

H. *Be feminine.*

1. Watch your mannerisms — sitting, standing, posture.
2. Don't be tomboyish or overly athletic.

I. *Watch how you use your idle time.*

1. Will blow it on useless chaff.
2. This will engender wishful thinking and lofty daydreams.

J. *Remember your morals and keep your name good.*

1. Family name.
2. Church.

**XV. THE ULTIMATE WAY TO BECOME HAPPY IS TO GROW OUTWARDLY AND START PRODUCING.**

- A. Dress and keep the garden principle.
- B. Psalms 1:1-2 = "*Happy is the man...*"

**XVI. WHY DELAY — START NOW!**

- A. Instill in your life the motto — DO IT NOW.
- B. Matt. 5:48

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